

Good Computing Practices

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SLO Bytes Presentation

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1. Router Security
 - a. <https://routersecurity.org/>
 - b. Secure your Wi-Fi
2. Use a VPN (Virtual Private Network)
 - a. https://en.wikipedia.org/wiki/Virtual_private_network
 - b. Private Internet Access
 - i. <https://www.privateinternetaccess.com/>
3. Use a Ad Blocker
 - a. AdBlock
 - i. <https://getadblock.com/>
4. Use a Password Manager
 - a. LastPass
 - i. <https://www.lastpass.com/>
 - b. DO NOT include e-mail, bank or government passwords in your password manager
5. Create a “disaster recovery plan”
6. Separate your Operating System from your DATA by partitioning
 - a. Use the Windows built-in partition tool or a third-party tool
 - b. Acronis Disk Director
 - i. <https://www.acronis.com/en-us/personal/disk-manager/>
 - c. GNOME Partition Editor
 - i. <https://gparted.org/>
 - d. Parted Magic
 - i. <https://partedmagic.com/>
7. Backup Types
 - a. Operating system backup
 - i. This includes the OS installed, updated, configured, programs installed and configured.
 - ii. The OS and applications are activated
 - b. Data backup
 - i. This includes data which you have created which cannot easily, if at all, be recreated.
 1. Pictures, music, videos, Word or Excel documents and more

8. Backup Software
 - a. Acronis True Image
 - i. <https://www.acronis.com/en-us/personal/computer-backup/>
 - b. Macrium Reflect 7 Free Edition
 - i. <https://www.macrium.com/reflectfree>
 - c. 2BrightSparks SyncBackFree
 - i. <https://www.2brightsparks.com/freeware/index.html>
9. Backup locations
 - a. On-site
 - i. Preferably a Fireproof box or safe
 - b. Off-site
 - i. Safety deposit box
 - ii. A trusted friend or relative
 - iii. Online backup service
10. Backup devices
 - a. External hard drive enclosure
 - b. USB flash drive
 - c. NAS (Network Attached Storage)

Miscellaneous Good Computing Practices

- Keep software and programs up to date – In other words DO NOT use Windows 7 and/or Office 2010!
- Enable Automatic Updates
- Keep Windows Defender updated
 - Install Malwarebytes if needed (FREE or Paid version)
 - <https://www.malwarebytes.com/mwb-download/>
- Be suspicious of external downloads and emails
 - Keep an eye on the news for security incidents.
 - Beware of scams
 - Do not install or download unknown or unsolicited programs/apps to your computer, phone, or other devices.
- **An advantage of being a paid SLO Bytes member is that we share information on the latest security incidents, Windows updates and application updates.**
- Wipe data from old technology completely
- There is probably more I could list but this should hit the main points.